

ONE SHOT, MORE Tomorrow

Protect yourself this flu season



**Get the
Flu Vaccine.**



**Cover your
sneeze/cough.**



**Wear a mask.
Seek medical
attention.**



**Wash your
hands.**



**Avoid contact
with sick people.**



**Avoid touching
eyes, mouth
and nose.**



**Innovative
Renal Care**



**How to stay healthy
this flu season.**