

PERITONEAL DIALYSIS (PD)

Dialysis Designed to Fit Your Lifestyle



Managing kidney failure doesn't have to mean putting your life on hold. With **peritoneal dialysis (PD)**, you gain the freedom to receive treatment on your terms—whether you're at home, at work, or even exploring new places. This convenient, needle-free option fits into your daily schedule, offering the flexibility to treat throughout your day or overnight while you sleep.

KEY ADVANTAGES OF PD:

- **Flexibility:** Schedule treatments to fit your routines and commitments.
- **Convenience:** Drastically cut down on travel time to a dialysis center.
- **Frequent Treatments:** Reduces side effects, helping you feel your best.
- **Fewer Restrictions:** Potentially enjoy more freedom with your diet.
- **Travel-Friendly:** Makes it easier to maintain your lifestyle on the go.

HOW PD WORKS

Peritoneal dialysis offers a gentle alternative to traditional hemodialysis by using your body's own peritoneum, a natural membrane lining your abdominal cavity, as a filter. Through a small, discreet catheter, a special dialysis solution is introduced into your abdomen. This solution then absorbs waste products from your blood vessels, which are later drained away. You can perform PD manually or with the help of a machine called a cycler, making it adaptable to your preferences.



Because PD can be performed in the comfort of your home or while on-the-go, it's an excellent choice for many individuals with kidney disease who prefer to avoid frequent trips to a clinic. However, it's important to remember that PD requires a consistent daily routine and close collaboration with your healthcare team to ensure it's both effective and safe for you. Your healthcare team will work closely with you to determine the ideal treatment regimen, ensuring optimal waste removal and fluid balance for your health.

Ready to reclaim more time for the things you love?
Talk to our care team today to explore if peritoneal dialysis is the right option for you.



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