

HOME

Innovative Renal Care centers offer options for Home Dialysis



Home dialysis is a convenient and flexible alternative to in-center dialysis treatments, eliminating the need to travel to and from the dialysis center several times weekly. This approach empowers you to manage your health more independently, yet with training and support from the Innovative Renal Care specialists and a trusted care partner.

While at-home dialysis may not be right for everyone, you may be a good candidate if you meet the medical requirements and are willing to undergo training.



HOME HEMODIALYSIS (HHD)

HHD can be performed in two different ways. Conventional HHD is performed three times a week for three to four hours (or more) per session based on your prescription, or HHD can be offered more frequently, such as 4-6 times a week for shorter time periods. Shorter and more frequent dialysis sessions help reduce symptoms of headaches, nausea, cramping, and feeling “washed out” after treatment.

NOCTURNAL HHD

Nocturnal hemodialysis sessions are slower and longer because they are performed while you sleep. Most dialysis patients do this kind of dialysis 5-6 nights a week or every other night for approximately six to eight hours, depending on your doctor's prescription and your normal sleep patterns. You will need to have a partner at home to help you if you choose this option.

PERITONEAL DIALYSIS (PD)

Peritoneal dialysis offers more flexibility and convenience by using your body's natural peritoneal lining to gently filter waste through a cleansing fluid added to your abdomen. The process can be done at home, work, or while traveling—giving you more freedom and control—but it's not right for everyone. Talk to your care team to see if it fits your unique medical needs and lifestyle.

If you're ready to begin your dialysis journey or seek greater autonomy and flexibility with your treatments, talk to your nephrologist or dialysis care team to find out if home dialysis is right for you.