

BEFORE YOU GO... Let us know!

Don't let vacation become a dialysis emergency. Plan early for safe travel.



**Talk to your care team
before you travel**



DOMESTIC TRAVEL

Notify your clinic at least **30 DAYS** before travel.

INTERNATIONAL TRAVEL

Notify your clinic at least **60 DAYS** before travel.

WHAT SHOULD I TELL MY CARE TEAM?

- Where you are traveling
- Departure and return dates
- How to reach you while away
- If you need dialysis treatments while traveling
- If you need supplies, equipment, or assistance

HOW CAN WE HELP?

- Coordinate dialysis treatments while away
- Plan supplies, equipment, and medications
- Prepare medical records or travel documents
- Review emergency contacts and backup plans
- Provide travel education and support

TRAVELING OUTSIDE THE U.S.?

- Dialysis coverage outside the U.S. not guaranteed by Medicare
- Costs you may be responsible for: treatment, supplies, medications, shipping, and emergency care
- Take extra time to plan your international travel
- Provide early notice to avoid surprises and delays

SAFE TRAVEL CHECKLIST

- ☐ Coordinate dialysis treatments while away
- ☐ Plan supplies, equipment, and medications
- ☐ Request medical records or travel documents
- ☐ Provide emergency contacts and backup plans
- ☐ Acquire travel education and support



TRAVEL SMART. DIALYZE SAFELY. ENJOY YOUR TRIP!

Contact your nurse, social worker, or Home Program team today. Safe travel starts with a conversation.