

Signs & Symptoms

Functions of Kidneys



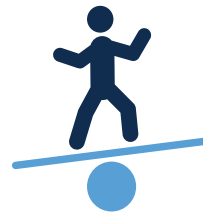
Signs and Symptoms of Kidney Disease:

- Less energy and trouble concentrating
- Trouble sleeping
- Dry itchy skin
- Foamy urine
- Puffiness around the eyes
- Swelling of ankles and feet
- Shortness of breath
- Poor appetite
- Muscle cramping
- High blood pressure

Kidneys perform many important functions including:



Maintain fluid balance



Maintain body's chemical balance



Filter waste from your blood



Create hormones to help make red blood cells, regulate blood pressure, and promote bone health