

In-Center Hemodialysis

In-Center Hemodialysis (ICHD) is dialysis performed in a clinic setting where treatments are offered 3 times per week.

About In-Center Hemodialysis (ICHD)

- The treatments usually last about 4 hours.
- Your kidney doctor will prescribe how much treatment time you need
- You will have a healthcare team consisting of specially trained dialysis nurses, a social worker, and a dietitian to provide care and support
- You will be assigned a treatment time and days of the week to come
- Treatments will be performed by your dialysis nurse and a specially trained dialysis technician

Considerations for ICHD

- Your treatment schedule is fixed
- You will need transportation back and forth for your treatment 3 times per week
- You can read, watch TV, listen to music, socialize, or just rest while having your treatment

During Your Treatment

- You will weigh when you arrive and have your blood pressure, pulse and temperature taken before treatment and throughout
- You will be taught how to care for your dialysis access
- Labs are drawn and reviewed while on treatment
- Ongoing education and information are shared with all patients on how to stay healthy and safe

Hemodialysis

Blood travels through tubes from the body, cycles through a special filter called a dialyzer, then goes back to the body.

The continuous cycling of the blood allows the filter to remove waste and extra fluid.

