

# Medical Management Without Dialysis

## Prioritizing Comfort and Choice: Managing Advanced Kidney Disease Without Dialysis

Living with advanced chronic kidney disease (CKD) can be overwhelming, and treatment options like dialysis can feel limiting. But there's another path: active medical management without dialysis. This approach prioritizes your quality of life, independence, and time spent at home.

### When Is This Option Right?

Active medical management is not for everyone. It's often chosen by individuals who:

- Value quality of life above intensive treatments: This approach focuses on managing symptoms and preserving remaining kidney function rather than replacing it with dialysis.
- Have other health conditions: If you have co-existing conditions like heart disease or cancer, dialysis might not be the best fit.
- Want to minimize time spent in healthcare settings: With this approach, you can focus on enjoying time with loved ones at home.

### What Are the Benefits?

- Improved symptom management: We'll actively manage your symptoms to ensure you feel as comfortable as possible.
- Enhanced mental well-being: Regular monitoring and support address your emotional needs alongside your physical health.
- Greater independence and control: You'll make informed decisions about your care and spend more time doing what you enjoy.
- Stronger family support: We'll connect you with resources to help your loved ones navigate this journey with you.



### Taking Charge of Your Journey

Choosing active medical management is a personal decision. We encourage you to discuss all your options with your doctor and consider what matters most to you. Together, your medical team can create a personalized plan that prioritizes your comfort, well-being, and the precious time you spend with loved ones.